

LESSON 329 • NOVEMBER 25

“I have already chosen what You will.”

Practice instructions

See complete instructions. A short summary:

- **Read** the commentary paragraph slowly and personally.
- **Pray** the prayer, perhaps several times.
- **Morning and evening:** Repeat the idea and then spend time in Open Mind Meditation.
- **Hourly remembrance:** Repeat the idea and then spend a quiet moment in meditation.
- **Frequent reminders:** Repeat the idea often within each hour.
- **Response to temptation:** Repeat the idea whenever upset, to restore peace.
- **Read the “What Is” section** slowly and thoughtfully once during the day.

Commentary

It is difficult for us to realize that we have already chosen God’s Will. Not only is choosing His Will the only way to find our true autonomy (yesterday’s lesson), *we have already made that choice*. We may *think* we have wandered away from God’s Will, defied it, and broken its laws (1:1), but we have not. We cannot. Because *we are* the Will of God, “extended and extending” (1:2).

When did we make this choice that we seem so unaware of? In the very instant of our creation (1:5). God created us by extending His Will; when we came into being we were the extension of His Will. Our choice was already made, and “made for all eternity” (1:6). We cannot change that. We can make up an illusion in which we appear to have a separate will from God’s, but we cannot make it real. Illusion is all we can make if what we make contradicts God’s Will.

This fact is our safety. It is our salvation as well, for it means that we have not done what we thought we did; we have not defied God’s Will, we have only *imagined* it, only dreamed about it. The oneness of God and His creation is unbroken, and it is this we can celebrate today.